

The tomato pill that can beat heart disease

By Jenny Hope, 1st June 2009

A daily pill to prevent heart disease and stroke has been developed from a chemical found in tangerine tomatoes.

Lycopene - which makes tomatoes red - helps prevent the 'furring up' of arteries and has long been recognised for its health benefits.

However, previous attempts to develop it as a supplement have been hampered by difficulties in getting the body to absorb it.

Hearty: Tangerine tomatoes help prevent the furring up of arteries

Now scientists say they have overcome the problem by using an extra-potent form of lycopene extracted from a variety of tomatoes called tangerine, which are grown in Italy.

www.dailymail.co.uk/health/article-1189977/The-tomato-pill-protect-heart.html