

beauty

Olivia Falcon's

beauty must-haves

Change of season survival guide

COMFORT CLEANSERS

Hard water, particularly in London, dries out skin faster than Lindsay Lohan's liver in rehab. So if you're washing your face twice a day and don't fancy using Evian (as Kate Moss reportedly does), pick a cleanser with hydrating powers.

The Gamila Secret Herbal Skincare Bars

are made in a village near Galilee in Israel by local beauty guru Gamila. They keep skin soft with a top-secret formula containing local herbs, shea butter and virgin olive oil.

Origins Clean Energy Gentle

Cleansing Oil, £14, is a nourishing blend of natural oils from Hawaii and **Prescriptive's Comfort Cleanser**, £17, is ideal for pampering sensitive skin.



BATHTIME TREAT

On goes the cent heating and off flai your skin. Time to hang your shower cap and s into a deliciously scent oily bath. **Dr Vranjes**

top Florentine perfume

has a new Bath

Body collection (fr senti.co.uk) that inclu a line of oil soaps, ma with vitamin B5 and E conditioning skin, a bath gels that smell of figs and fresh sea bree

Lace your tub with **Boutique's Water Bath Soak**, £12 (availa

at Space NK), w cinnamon and clove o

calm irritations, or **Uemura's Pleas**

of Japanese Bath O

traditional scents i cherry blossom a

cypress. **Lisa Hoffma**

new Spa Bath, £15, is ingenious five-step

inspired by the rainfo that comes in ha

one-dose packets. The a soak to soften b

water, a bodywash w acai oil, a body polishi

soufflé-like body cre and hand-and-foot bu

– perfect for journeys i uncharted bathroom

the weekend house pa



MIRACLE MASKS

The best place to hibernate right now is behind one of the latest face masks. **Ren's Glycolactic Skin**

Renewal Peel Mask, £28, contains a smooth,

hi-tech fruit acid to exfoliate dead skin while the star ingredient of **Sisley's Eye Contour Mask**, £55, is extract of malachite that works to reduce fine lines and puffiness.

Givenchy's No Surgetics Wrinkle Defy Intensive Wrinkle

Correcting Mask, £50, is a cloth mask that requires you to lie down while wearing it. Bliss! It's impregnated with a bottle's worth of marine collagen serum for intense plumping – think of it as a duvet for the skin. The hot new import from the States is **Isun Blue-Green**

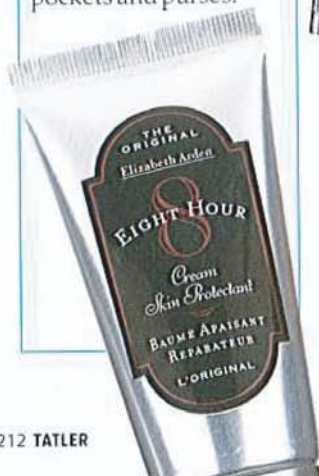
Algae Soothing Sea Mask, £32 (available from glowgetter.co.uk). It's mixed in the Colorado mountains by a scientist and promises to

soothe the redness or rosacea that can flare up at this time of year.



BUY THIS

Soothe anything with an ouch factor with the superhero of beauty products, **Elizabeth Arden Eight Hour Cream**, £20. Look out for a limited-edition tube coming out in November. It has an old-fashioned design and is smaller and more practical for pockets and purses.



Celebrity tip

While catching up with designer Pearl Lowe for tea at the Electric, she tells me how she weathers the change of season. 'I swear by the Jan Marini range; it has changed my skin. I love the Age Intervention Cream, £69, which balances hormone levels and repairs sun damage. For treatments I head to the Spa at Chancery Court (tel: 020 7829 7058) for a Detox Body Experience Massage, £115, and Salt and Oil Body Scrub, £38. Liv Tyler introduced me to it and now I'm hooked.'

